Mag Pro Lab

MAGNESIM OIL SPRAY

Professional-grade magnesium chloride solution
for topical application and localized use.





Classic formula

Magnesium Oil

Supports muscle recovery.
Promotes normal muscle function and helps maintain nervous system balance.

With added botanicals

Magnesium Oil Plus

Enriched with aloe vera, chamomile, and lavender to promote deeper muscle relaxation, support body and mind relaxation, and encourage more restful sleep.

Ingredients

Magnesium Oil:

Aqua, Magnesium Chloride

Magnesium Oil Plus:

Aqua, Magnesium Chloride, Polysorbate, Aloe Barbadensis, Leaf Extract, Chamomila Recutita Flower Extract, Lavandula Angustifolia Oil, Glicerine, Potassium Sorbate, Sodium Benzoate, Linalool, Linalyl Acetate, Limonene, Camphor

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WHAT IS MAGNESIUM OIL.

MagPro Lab Magnesium Oil is a 25% magnesium chloride ($MgCl_2$) solution that makes the skin smooth, oil-like feel after application.

It is designed to enhance your daily self-care routine by promoting a comforting sensation on the skin and helping you unwind after everyday activities.

Magnesium oil has become a popular choice for personal care in many countries around the world, where it is widely used as part of daily wellness and relaxation routines. We are pleased to make it available in Latvia as well.

THE ROLE OF MAGNESIUM IN THE BODY.

Magnesium is involved in more than 300 biochemical processes in the body and plays a role in:

- normal muscle and nervous system function,
- electrolyte balance,
- energy metabolism,
- protein synthesis, and other processes.

WHO CAN BENEFIT FROM THIS PRODUCT.

Physically active people: all types of athletes - runners, cyclists, swimmers, fitness enthusiasts, as well as dancers, gymnasts, and anyone who embraces an active lifestyle.

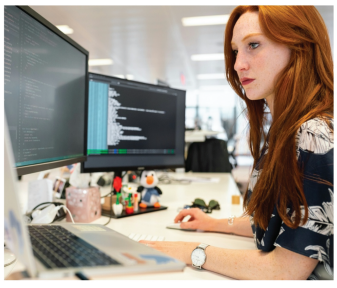
These who experience occasional muscle tension, a feeling of tired legs, or discomfort after physical activity, and for anyone looking to support their daily relaxation routine.

People with physically demanding jobs: farmers, construction workers, craftsmen, gardeners, and anyone with an active daily routine.

They who spend long periods in the same position: drivers, office workers, and anyone with a sedentary daily routine.

Seniors: they who are looking to support their daily comfort, relaxation, and active lifestyle.







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HOW TO USE

Recommended use:
before and/or after physical activities, gardening or farm work, a long day on your feet, workouts, hiking or cycling.
Suitable for evening relaxation routines and massage of areas that feel tense or tired, including arms, legs, back, shoulders, and other areas.

Apply the product directly to the muscles or feet.
1. Make sure the skin is clean.
2. Spray a small amount of oil into your palm.
3. Gently massage into the skin until the product is fully absorbed.
4. Use 1–3 times daily, as needed.

BEFORE PHYSICAL ACTIVITY

- Spray 5–10 times onto the main muscle groups.
- Gently massage into the skin.
- Use 15–30 minutes before training, competition, or physical work.

Helps prepare the skin for activity and supports a feeling of comfort, flexibility, and relaxation.
Most commonly applied to: calves, feet, thighs, shoulders, arms, and back.

AFTER ACTIVITY.

- Spray 5–10 times onto the muscles that have been under strain.
- Massage into the skin for 2–3 minutes.
- Leave on the skin for at least 20–60 minutes.

Can be used together with stretching exercises.
Most commonly applied to: calves, feet, thighs, shoulders, arms, and back.

IN CASE OF ACUTE MUSCLE CRAMPS

Apply a generous amount to the desired area.
- Massage gently into the skin.
- Combine with gentle stretching if desired.
- Repeat as needed.

Most commonly used on: calves, feet, and thighs.

FOR DAILY CARE

Suitable for people with an active lifestyle, frequent muscle tension, or those looking to support their daily comfort routine, including seniors.
- Use 1–2 times daily.
- Apply to desired areas.
- Massage into the skin until fully absorbed.

IMPORTANT INFORMATION!

Do not use on damaged or irritated skin.
Do not use in cases of severe kidney function disorders.
Avoid contact with eyes.
A temporary tingling sensation may occur on sensitive skin.
Magnesium Oil is a cosmetic product intended for external use only.
It is not a medicinal product and is not intended for diagnosing, treating, or preventing diseases.
If necessary, consult a healthcare professional.

A warm welcome
to all our product fans
to the world of Magnesium Oils!

Our mission is to help people feel their best every day by offering high-quality magnesium products designed to support comfort, relaxation, and overall well-being.

At MagPro Lab, we created Magnesium Oil and Magnesium Oil Plus, inspired by our understanding of the importance of magnesium and our own search for products that help promote a sense of comfort, relaxation, and recovery after everyday activities.

Our formulations are designed to become part of your daily self-care routine, helping you unwind and enjoy moments of relaxation and well-being.

Thank you for trusting us!

Indra Strazdina

MagPro Lab CEO and founder

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